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the vicious techniques of the Ninja, those, which were most deadly. Fusing them into the devas- tating self-defense form practiced today in his honor by all members of the society.

Table of Contents - Helix Library

Following are a series of techniques commonly found in most martial arts schools. They are, without doubt, the most savage and terrifying self-defense techniques known to man. Each one of which is guaranteed to kill, cripple or maim any attacker regardless of size or physical strength. Given also is the infamous Japanese Deathlock.

Instant Self Defense

The second benefit of these techniques is the gradual development of the ability to direct, or conversely, to act in accordance with, the flow of energy within the physical body. With this power, one transcends the lower levels of consciousness that impede progress toward the reali- zation of oneâ€™s true nature and place in the universe.

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Founded by George J. Lepine, a student of judo, tae kwan do, and hapkido who also mastered the gunstock war club and tomahawk-throwing techniques, Okichitaw is a hybrid art that combines the ravenous fury of the Native American fighting spirit with the tried-and-true methods of popular Asian styles.

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Kung Fu Techniques : Pressure Points in Chinese Martial Arts

The fighting style is reintroduced in The Legend of Korra as the primary fighting style of the Equalists.

Touch of Death - Wikipedia

This video analyzes the Kinshi Waza or Forbidden Techniques of Kodokan Judo.

Kinshi Waza (Forbidden Techniques) of Kodokan Judo

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Amazon.com: Customer reviews: Forbidden Fighting

The judges knew this was a signature technique of the Kokuryukai, taught only to senior students. But, it was not Sensei Tanaka who taught Frank Dux the Tibetan Burning Palm. It was Grandmaster Lawrence Day.

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4 Ways to Learn Ninja Techniques - wikiHow

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Arnis - Wikipedia

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