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Crystal Watanabe (a.k.a. Pikko) started making bento boxes for herself as a way to eat small, healthy portions, and she enjoyed it so much that she now shares her hobby with bento fans worldwide at her blog Adventures in Bentomaking (www.aibento.net). She lives in Hawaii with her husband and two children.

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Yum-Yum Bento is back with 52 more easy seasonal-themed bento lunches. From the depths of winter to the height of summer, a beautiful lunch can brighten any day. Japanese bento boxes are portable and pretty meals packed with healthy portions and plenty of cheer.

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Featuring chapters on Cuties & Critters, Fairy-Tale Friends, and Special Day Treats, plus a handy shopping guide, easy recipes for mini snacks, general tips and tricks, and so much more, Yum-Yum Bento Box is the perfect guide for beginner bento makers and expert chefs alike.

Yum-Yum Bento Box: Fresh Recipes for Adorable Lunches

pretty flowers, princesses, and kitty cats. ã, Yum-Yum Bento Box features chapters on Cuties & Critters, Fairy-Tale Friends, and Special Day Treats, plus a handy shopping guide, easy recipes for mini snacks, general tips and tricks, and so much more.

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Discover how healthy eating can be simple and straightforward 'Yum! Healthy Bento Box Lunches for Kids' is a handy digest guide of creative ideas for parents of preschoolers and primary grade children.

Yum! Healthy Bento Box Lunches for Kids: Healthy Eating

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wasting money on pre-packaged lunches”and start making beautiful, healthy bentos!

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These lunch boxes are as fun to make as they are to eat! Super quick, easy, and nutritious - they can be enjoyed by toddlers and adults alike!

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Bento Box Gallery Lunch Box Idea List The same scene plays out every weekday morning in kitchens across the country: a tired parent leans forward with one arm holding the refrigerator door open, eyes scanning the shelves for something to pack into a lunch box.

Lunch Box Idea List | Wendolonia

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